

## Consent for Treatment

I understand that the orthomolecular modality used by Mensah Medical, LLC, utilizes nutrient protocols for treatment.

By signing this form, I agree to participate in this modality with the understanding that even with the highest level of compliance, desired outcomes are not guaranteed and that levels of response may vary.

Signed by: \_\_\_\_\_  
Signature of Patient or Legal Guardian                      Relationship to Patient

\_\_\_\_\_    \_\_\_\_\_  
Print Patient's Name    Date

\_\_\_\_\_  
Print Legal Guardian's Name, if applicable

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**For Office Use Only**

Date received by Mensah Medical: \_\_\_\_\_ Received by: \_\_\_\_\_

## Health History Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB \_\_\_\_\_ Sex: M or F

1. Education: (Last grade completed) \_\_\_\_\_

2. Significant birth events or traumas: \_\_\_\_\_

\_\_\_\_\_

3. Injuries / Head traumas: \_\_\_\_\_

\_\_\_\_\_

4. Surgeries: \_\_\_\_\_

\_\_\_\_\_

5. Number of Pregnancies: \_\_\_\_\_

6. Seasonal Allergies: \_\_\_\_\_

\_\_\_\_\_

7. Food or Chemical Sensitivities: \_\_\_\_\_

\_\_\_\_\_

8. Present Medication:

Past Medications:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

9. Primary Diagnosis: \_\_\_\_\_

10. Other Diagnosis: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Mensah Medical, LLC

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Name: \_\_\_\_\_

11. Favorite Foods: \_\_\_\_\_  
\_\_\_\_\_

12. Sleepy after meals? \_\_\_\_\_

13. Sleep Problems? \_\_\_\_\_

14. Good Dream Recall? \_\_\_\_\_

15. Cigarette Smoker? \_\_\_\_\_ How many per day? \_\_\_\_\_

16. Do you / Have you used recreational drugs? \_\_\_\_\_ How frequently? \_\_\_\_\_

17. Do you drink alcohol? \_\_\_\_\_ How frequently? \_\_\_\_\_

18. Do / Did you enjoy school? \_\_\_\_\_ A B C OR D Student? \_\_\_\_\_

19. Short fuse or anger challenged? \_\_\_\_\_

20. Tendency for Anxiety? \_\_\_\_\_

21. Special Hobbies? \_\_\_\_\_

22. Competitive in Sports Activities? \_\_\_\_\_

23. Do you experience depression? \_\_\_\_\_ Often Sometimes Never Not sure

24. Pain Threshold: High Low Avg

25. Do you function or cope well under stress? \_\_\_\_\_

# Mensah Medical, LLC

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Name: \_\_\_\_\_

## Circle all that apply to you:

poor stress control	poor short term memory	sensitive to bright lights
sensitive to loud noise	morning nausea	loves salt and spicy foods
skips breakfast	pale skin	poor tanning
mood swings	temper tantrums	reading disorder
under-achiever	frequent infections	pre-mature gray
white spots on nails	menstrual irreg.	ringing in the ears
poor muscle development	perfectionism	fruity breath or body odor
stretch marks	"stitch in the side pain"	phobias
strong willed	obsessions	negative demeanor
joint pains	delayed puberty	poor wound healing
dark urine	psoriasis / eczema	"night owl"
heart murmur	delusional thoughts	hallucinations
social isolation	dry mouth	music / art / creative ability

## Circle all that apply to relatives:

temper tantrums	ADD/ADHD	cancer	
panic disorder	anxiety	dementia	asthma
ulcers	heart disease	stroke	bipolar disorder
kidney ds.	depression	autism	psoriasis / eczema
diabetes	arthritis	schizophrenia	

## HIPAA Authorization Form

I understand that under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information (PHI). By signing this authorization, I permit **Mensah Medical, LLC** (the "Practice") to use and/or disclose individually identifiable health information (PHI) about my medical history, lab results and outcomes of any therapies provided only under the following conditions:

- with my permission or at my (the patient's) request.
- the purpose(s) is/are provided so that I can make an informed decision whether to allow release of the information.
- the Practice will not receive payment or other remuneration from a third party in exchange for using or disclosing information without my consent or participation.

VOICE MAIL MESSAGES: Please initial in the space provided next to each of the following permissions **if you are in agreement:**

I give the Practice permission to leave a medical message on my:

\_\_\_\_\_ Home voice mail                      Phone: \_\_\_\_\_

\_\_\_\_\_ Work voice mail                      Phone: \_\_\_\_\_

\_\_\_\_\_ Cell phone voice mail                      Phone: \_\_\_\_\_

If I cannot be reached directly or by voice mail, the Practice may leave a message with my:

\_\_\_\_\_ Spouse Name: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Parent                      Name \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Other: \_\_\_\_\_ Phone: \_\_\_\_\_

Please read and sign here if you agree to the following statement: **If I cannot be reached directly or by voice mail, please do not leave a medical message.**

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# Mensah Medical, LLC

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EMAIL COMMUNICATION: The Practice cannot send private medical information by email due to privacy concerns. However, the Practice does utilize email communication for appointment reminders and general announcements of new or updated services, programs, research, clinic locations, seminars, and research.

\_\_\_\_\_ I do not want to receive email communication.

\_\_\_\_\_ I consent to receive email communication as described above.

Email address (if the patient is a minor, please list the email address of the parent or legal guardian):

\_\_\_\_\_ @ \_\_\_\_\_

Email address is  Self  Parent or Legal Guardian

I do not have to sign this authorization in order to receive treatment from Mensah Medical. In fact, I have the right to refuse to sign this authorization. When my information is used or disclosed pursuant to this authorization, it may be subjected to redisclosure by the recipient and may no longer be protected by the federal HIPAA Privacy Rule. I have the right to revoke this authorization in writing except to the extent that the practice has acted in reliance upon this authorization. My written revocation must be submitted to written revocation must be submitted to the Privacy Officer at:

Mensah Medical, LLC  
4355 Weaver Parkway, Suite 110  
Warrenville, IL 60555

Signed by: \_\_\_\_\_  
Signature of Patient or Legal Guardian Relationship to Patient

\_\_\_\_\_  
Print Patient's Name Date

\_\_\_\_\_  
Print Legal Guardian's Name, if applicable

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# Mensah Medical, LLC

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Date: \_\_\_\_\_

PATIENT NAME: Last \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M or F Social Security # (last 4 digits): \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Disabled Retired Student

Employer Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

If Patient is a minor: Mother's Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Legal Guardian: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Relationship to Patient:  Parent  Legal Guardian  Other: \_\_\_\_\_

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GUARANTOR: Last \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M or F Social Security # (last 4 digits): \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Disabled Retired Student

Employer Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

## Permission for Disclosure

**PATIENT NAME:**

Last \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M or F

I, \_\_\_\_\_, give permission to:  
(Printed Name of Patient)

\_\_\_\_\_  
(Printed Name of Person) (Relationship) (Telephone)

\_\_\_\_\_  
(Printed Name of Person) (Relationship) (Telephone)

\_\_\_\_\_  
(Printed Name of Person) (Relationship) (Telephone)

to communicate with the staff of Mensah Medical, LLC on my behalf.

Signed by: \_\_\_\_\_  
Signature of Patient or Legal Guardian Date

\_\_\_\_\_  
Print Legal Guardian's Name, if applicable

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