

Health History Form

Date: _____

Name: _____ DOB _____ Sex: M or F

1. Education: (Last grade completed) _____

2. Significant birth events or traumas: _____

3. Injuries / Head traumas: _____

4. Surgeries: _____

5. Number of Pregnancies: _____

6. Seasonal Allergies: _____

7. Food or Chemical Sensitivities: _____

8. Do you drink alcohol? _____ How frequently? _____

9. Do you / Have you used marijuana / cannabis? _____ How frequently? _____

9. Do you / Have you used other recreational drugs? _____ How frequently? _____

10. Primary Diagnosis: _____

11. Other Diagnosis: _____

12. Present Supplements / Medication:

Past Supplements / Medications:

Name: _____

Present Supplements / Medication:

Past Supplements / Medications:

Check all that apply to you:

Check all that apply to your relatives:

White spots on fingernails

Under-achiever

Sensitivity to texture (i.e. fabrics)

Tantrums

Strong willed

Stretch marks

Sensitive to sound

Social isolation

Skips breakfast

Sensitive to loud noise

ringing in the ears

Reading disorder

Psoriasis or eczema

Pre-mature gray

Poor wound healing

Poor short-term memory

Poor muscle tone

Name: _____

	Check all that apply to you:	Check all that apply to relatives:
Phobias and fears	_____	_____
Perfectionist	_____	_____
Panic	_____	_____
Pale skin / poor tanning	_____	_____
Sensitive to smell	_____	_____
Obsessions	_____	_____
Negative perspective	_____	_____
Mood swings	_____	_____
Menstrual irregularity	_____	_____
Sensitivity to bright lights	_____	_____
Highly creative	_____	_____
Heart murmur	_____	_____
Hallucinations	_____	_____
Fruity breath odor	_____	_____
Frequent nausea	_____	_____
Frequent infections	_____	_____
Dry mouth	_____	_____
Depression / sadness	_____	_____
Delusions	_____	_____
Delayed puberty	_____	_____
Dark urine	_____	_____
Chronic joint pains	_____	_____
Anxiety	_____	_____
"Stitch in the side" pain	_____	_____

Name: _____

	Check all that apply to you:	Check all that apply to relatives:
"Night owl"	_____	_____
ADD / ADHD	_____	_____
Ulcers	_____	_____
Kidney disorder	_____	_____
Diabetes	_____	_____
Heart disease	_____	_____
Arthritis	_____	_____
Cancer	_____	_____
Dementia	_____	_____
Stroke	_____	_____
Autism	_____	_____
Schizophrenia	_____	_____
Bipolar disorder	_____	_____
Asthma	_____	_____

Additional Comments / Explanations:

HIPAA Authorization Form

I understand that under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information (PHI). By signing this authorization, I permit **Mensah Medical, LLC** (the "Practice") to use and/or disclose individually identifiable health information (PHI) about my medical history, lab results and outcomes of any therapies provided only under the following conditions:

- with my permission or at my (the patient's) request.
- the purpose(s) is/are provided so that I can make an informed decision whether to allow release of the information.
- the Practice will not receive payment or other remuneration from a third party in exchange for using or disclosing information without my consent or participation.

VOICE MAIL MESSAGES: Please initial in the space provided next to each of the following permissions **if you are in agreement:**

I give the Practice permission to leave a medical message on my:

_____ Home voice mail Phone: _____

_____ Work voice mail Phone: _____

_____ Cell phone voice mail Phone: _____

If I cannot be reached directly or by voice mail, the Practice may leave a message with my:

_____ SpouseName: _____ Phone: _____

_____ Parent Name _____ Phone: _____

_____ Other: _____ Phone: _____

Please read and sign here if you agree to the following statement: **If I cannot be reached directly or by voice mail, please do not leave a medical message.**

Mensah Medical, LLC

EMAIL COMMUNICATION: The Practice cannot send private medical information by email due to privacy concerns. However, the Practice does utilize email communication for appointment reminders and general announcements of new or updated services, programs, research, clinic locations, seminars, and research.

_____ I do not want to receive email communication.

_____ I consent to receive email communication as described above.

Email address (if the patient is a minor, please list the email address of the parent or legal guardian):

_____ @ _____

Email address is Self Parent or Legal Guardian

I do not have to sign this authorization in order to receive treatment from Mensah Medical. In fact, I have the right to refuse to sign this authorization. When my information is used or disclosed pursuant to this authorization, it may be subjected to redisclosure by the recipient and may no longer be protected by the federal HIPAA Privacy Rule. I have the right to revoke this authorization in writing except to the extent that the practice has acted in reliance upon this authorization. My written revocation must be submitted to written revocation must be submitted to the Privacy Officer at:

Mensah Medical, LLC
4355 Weaver Parkway, Suite 110
Warrenville, IL 60555

Signed by: _____
Signature of Patient or Legal Guardian Relationship to Patient

Print Patient's Name Date

Print Legal Guardian's Name, if applicable

For Office Use Only

Date received by Mensah Medical: _____ Received by: _____

Mensah Medical, LLC

Date: _____

PATIENT NAME: Last _____ First _____ Middle Initial _____

DOB: ____/____/____ Sex: M or F Social Security # (last 4 digits): _____

Home Phone: (_____) _____

Address: _____ Cell Phone: (_____) _____

Zip Code: _____

Email: _____

Occupation: _____ Disabled Retired Student

Employer Phone: (_____) _____

If Patient is a minor: Mother's Name: _____

Father's Name: _____

Legal Guardian: _____

Emergency Contact: _____ Phone: (_____) _____

Relationship to Patient: Parent Legal Guardian Other: _____

GUARANTOR: Last _____ First _____ Middle Initial _____

DOB: ____/____/____ Sex: M or F Social Security # (last 4 digits): _____

Address: _____ Home Phone: (_____) _____

_____ Cell Phone: (_____) _____

Zip Code: _____

Email: _____

Occupation: _____ Disabled Retired Student

Employer Phone: (_____) _____

Permission for Disclosure

PATIENT NAME:

Last _____ First _____ Middle Initial _____

DOB: ____/____/____ Sex: M or F

I, _____, give permission to:
(Printed Name of Patient)

(Printed Name of Person) (Relationship) (Telephone)

(Printed Name of Person) (Relationship) (Telephone)

(Printed Name of Person) (Relationship) (Telephone)

to communicate with the staff of Mensah Medical, LLC on my behalf.

Signed by: _____
Signature of Patient or Legal Guardian Date

Print Legal Guardian's Name, if applicable

For Office Use Only

Date received by Mensah Medical: _____ Received by: _____